

PRODUCT CATALOGUE 2026
Premium Food Supplements

TADRO

YOUR HEALTH. OUR MISSION.

TADRO
GmbH

INHALTSVERZEICHNIS

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All product details, packaging, and specifications are subject to change without prior notice. Color variations may occur due to printing and production processes.

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about TADRO

TADRO is an Austrian premium brand for food supplements and functional health products.

We work closely with physicians, pharmacists, and nutrition scientists to create modern, practical formulations for everyday life.

WE STAND FOR:

- Clear formulations
- Pure, high-quality ingredients
- Scientifically substantiated dosages
- Transparency & quality
- Modern, user-friendly products

our MISSION

is to develop products that are **effective, well-tolerated, easy to understand, and trustworthy.**

our VISION

Health is not a coincidence. It is shaped in everyday life – through the balance of work, nutrition, stress, recovery, and mental well-being.

This is exactly where **TADRO** comes in. We develop dietary supplements that are scientifically sound, highly pure, honestly formulated, and designed for real life. Our products are created to support people who perform at a high level every day – professionally, physically, and mentally.

Our vision is clear:

High-quality, scientifically designed and accessible health solutions – made in Austria for the world.

MANUFACTURING & QUALITY

All TADRO products are manufactured in Austria under strict pharmaceutical standards:

- ✓ GMP and ISO-22000 certified facilities
- ✓ Laboratory-tested batches
- ✓ High-purity ingredients
- ✓ High bioavailability
- ✓ Controlled supply chains
- ✓ Clean formulations
- ✓ Whenever possible: vegan, gluten-free, lactose-free

Quality begins with science - and ends with real-world results.

ALL DAY

Multivitamin Complex for Daily Energy,
Immunity & Cellular Protection



ALL DAY

Long workdays, mental strain, irregular eating habits, little sleep – the body is working at full capacity.

ALL DAY was developed to comprehensively support the daily requirement for micronutrients.

*Capsule Shell

INGREDIENTS: (Original order as listed on the label)

- Magnesium citrate
- Calcium L-ascorbate (Vitamin C)
- Hydroxypropyl methylcellulose*
- Antioxidant: Potassium citrate
- Grape seed extract
- D-alpha-tocopheryl acetate (Vitamin E)
- Zinc picolinate
- Coenzyme Q10
- Grey-haired rockrose extract (Cistus)
- Nicotinamide (Niacin)
- Sodium selenite (Selenium)
- Beta-carotene (equivalent to Vitamin A)
- Marigold extract (Lutein, Zeaxanthin)
- Calcium D-pantothenate (Pantothenic acid)
- Cholecalciferol (Vitamin D3)
- Manganese citrate (Manganese)
- Thiamine mononitrate (Vitamin B1)
- Pyridoxal-5'-phosphate (Active Vitamin B6)
- Sodium riboflavin-5'-phosphate (Active Vitamin B2)
- Pyridoxine hydrochloride (Vitamin B6)
- Riboflavin (Vitamin B2)
- 5-MTHF glucosamine (Active folate)
- Chromium picolinate (Chromium)
- D-biotin (Biotin)
- Methylcobalamin (Vitamin B12)



WHO IS IT SUITABLE FOR?

For everyone who wants to optimally cover their daily micronutrient needs – especially:

- People experiencing stress and high workloads
- Individuals with an unbalanced diet
- Those who want to support energy levels and the immune system
- Students, shift workers, and busy professionals

AREAS OF APPLICATION¹:

- Targeted supplementation of essential micronutrients to support daily nutritional requirements
- Support for the immune and nervous systems
- Support for energy metabolism
- Protection of cells against oxidative stress

¹ Descriptions and areas of application are intended exclusively for B2B use and do not comply with B2C requirements under the Health Claims Regulation (Regulation (EC) No. 1924/2006).

NUTRIENT	AMOUNT	% NRV
Vitamin C	160 mg	200%
Niacin	32 mg NE	200%
Vitamin E	24 mg α-TE	200%
Pantothenic acid	12 mg	200%
Riboflavin (B2)	2.8 mg	200%
Vitamin B6	2.8 mg	200%
Thiamine (B1)	2.2 mg	200%
Folate (5-MTHF)	200 µg	100%
Beta-carotene (equivalent to Vitamin A)	332 µg RE	42%
Biotin	150 µg	300%
Vitamin D3	25 µg (1000 I.E.)	500%
Vitamin B12	20 µg	800%
Magnesium	60 mg	16%
Zinc	10 mg	100%
Manganese	2 mg	100%
Selenium	110 µg	200%
Chromium	72 µg	180%
Grape seed extract	72 mg	-
Coenzyme Q10	50 mg	-
Cistus extract	40 mg	-
Marigold extract	20 mg	-
of which Lutein	4 mg	-
of which Zeaxanthin	0.5 mg	-

COMPOSITION PER DAILY DOSE

RECOMMENDED INTAKE

Take 2 capsules daily with plenty of water.

WARNINGS

Do not exceed the recommended daily intake. Food supplements are not a substitute for a balanced and varied diet and a healthy lifestyle. Keep out of reach of children.

STORAGE

Storage instructions: Store at room temperature in a dry place, protected from light.

Desiccant sachet: Included.

BENEFITS & EFFECTS

(EFSA-compliant)

(Scientifically substantiated, 100% compliant)

Based on the contained vitamins and minerals:



ENERGY & FATIGUE

- Vitamins C, B1, B2, B6, B12, Niacin, and Pantothenic Acid contribute to the reduction of tiredness and fatigue.

IMMUNE SYSTEM

- Vitamin C, Vitamin D, Selenium, and Zinc contribute to the normal function of the immune system.

NERVOUS SYSTEM & MENTAL FUNCTION

- Vitamins B1, B2, B6, B12, and Niacin contribute to normal psychological and nervous system function.

CELL PROTECTION

- Vitamin E, Vitamin C, and Zinc help protect cells from oxidative stress.

BONES, MUSCLES & METABOLISM

- Vitamin D contributes to the maintenance of normal bones and muscle function.
- Magnesium contributes to normal muscle function.

EYES & SKIN

- Vitamin A (from beta-carotene) contributes to normal vision.
- Biotin contributes to normal skin and hair.

ARTHRO COMPLEX PLUS

Joint Support • Cartilage • Mobility




TADRO

ARTHRO COMPLEX PLUS

mit MSM, Chondroitinsulfat, Glucosamin-sulfat und Hyaluronsäure

Nahrungsergänzungsmittel

70g | 90 

ARTHRO COMPLEX PLUS

When joints feel stiff, overloaded or less smooth during daily movement, the body needs targeted structural support.

Arthro Complex Plus delivers a **clean, synergistic formula of MSM**, chondroitin sulfate, glucosamine sulfate and hyaluronic acid – designed to support joint comfort and mobility.

INGREDIENTS (EXACTLY as on the label)

- Chondroitin sulfate sodium
- Methylsulfonylmethane (MSM)
- D-glucosamine sulfate 2-potassium chloride
- Hydroxypropylmethylcellulose (capsule shell)
- Sodium hyaluronate (hyaluronic acid)

WHY ARTHRO COMPLEX PLUS

- ✓ Simply and cleanly formulated → No unnecessary fillers, no plant extracts without proven benefit.
- ✓ Synergy effect → The combination supports cartilage, joint fluid, connective tissue, and load tolerance at the same time.
- ✓ Manufactured in Austria



¹ Descriptions and areas of application are intended exclusively for B2B use and do not comply with B2C requirements under the Health Claims Regulation (Regulation (EC) No. 1924/2006).

WHO IS IT SUITABLE FOR?

For everyone who wants to specifically support their joints - especially:

- People with occupational or athletic strain
- Individuals with stiff or sensitive joints
- Adults aged 40 and over (when natural cartilage degradation begins)
- Those who want to maintain long-term mobility

AREAS OF APPLICATION¹:

- Targeted supplementation of naturally occurring substances involved in cartilage metabolism
- Support for bones, joints, and connective tissue in later life
- Recovery after physical activity

NUTRIENTS	AMOUNT per 3 Capsules	% NRV
MSM (Methylsulfonylmethane)	690 mg	-
Chondroitin sulfate	648 mg	-
Glucosamine sulfate	482 mg	-
Hyaluronic acid	108 mg	-

→ No NRV defined, as no EU reference values are available

→ Amounts correspond to **clinically relevant dosages**

CLINICALLY EFFECTIVE FORMULA

Four key components in clinically relevant dosages:

- 690 mg MSM
- 648 mg Chondroitin
- 482 mg Glucosamine
- 108 mg Hyaluronic acid

COMPOSITION

PER DAILY DOSE

RECOMMENDED INTAKE

Take 3 capsules daily with plenty of water.

WARNINGS

Do not exceed the recommended daily intake. Food supplements are not a substitute for a balanced and varied diet and a healthy lifestyle. Keep out of reach of children.

STORAGE

Storage instructions: Store at room temperature in a dry place, protected from light.

Desiccant sachet: Included.

SCIENTIFI- CALLY SUB- STANTIATED EFFECTS

(All statements are based on the known functions of the nutrients and are 100% compliant.)

Product FEATURES

GLUTEN-FREE, LACTOSE-FREE, AND FREE FROM ARTIFICIAL COLORS AND FLAVORS

CHONDROITIN SULFATE

- A natural component of joint cartilage
- Supports elasticity and cushioning function
- May help reduce cartilage degradation processes

GLUCOSAMINE SULFATE

- An essential building block of joint fluid and cartilage matrix
- Supports normal mobility

MSM (ORGANIC SULFUR)

- Involved in connective tissue, collagen formation, and inflammatory balance
- Popular among physically active individuals and athletes

HYALURONIC ACID

- A natural component of joint lubrication
- Supports smooth movement and joint comfort

BIFIDO LACTO COMPLEX

- Gut Flora • Digestion
- Immune Balance



BIFIDO LACTO COMPLEX

There are days when your digestive system feels out of balance: pressure, bloating, discomfort, or the feeling that “something isn’t quite right.

Stress, diet, travel, antibiotics, or lack of sleep can quickly disrupt the balance of your gut flora.

Bifido Lacto Complex was developed to help restore this balance – with a high-quality multi-strain probiotic formula, supported by inulin as a valuable prebiotic.

INGREDIENTS (EXACTLY as on the label)

- **Inulin from chicory root extract**
(Prebiotic)
- **Hydroxypropyl methylcellulose**
(Vegan capsule shell)
- **Bacterial strain blend consisting of:**
 - o Bifidobacterium infantis
 - o Bifidobacterium lactis
 - o Enterococcus faecium
 - o Lactobacillus brevis
 - o Lactobacillus delbrueckii
ssp. bulgaricus
 - o Lactococcus lactis
 - o Lactobacillus acidophilus
 - o Lactobacillus casei
 - o Lactobacillus plantarum
 - o Lactobacillus rhamnosus

VEGAN

VEGETARIAN

GLUTEN-FREE

LACTOSE-FREE



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WHO IS IT SUITABLE FOR?

- People with a sensitive or stressed digestive system
- After antibiotic treatments
- During travel or periods of increased stress
- Individuals with irregular digestion
- Anyone who wants to strengthen their gut flora

AREAS OF APPLICATION¹:

- Targeted supplementation of naturally occurring substances involved in cartilage metabolism
- Support for bones, joints, and connective tissue in later life
- Recovery after physical activity

NUTRIENT	AMOUNT	% NRV
Inulin	520 mg	-
Bacterial strain blend	60 mg	-
CFU content	5 × 10 ¹⁰ CFU/g (at the time of filling)	-

(CFU = Colony-Forming Units)

WHY BIFIDO LACTO COMPLEX

- ✓ 10 strains → broad spectrum of activity
- ✓ Synbiotic formula (probiotics + inulin)
- ✓ Pure, vegan, and hypoallergenic
- ✓ Excellent tolerability
- ✓ Ideal after antibiotic treatment
- ✓ Inulin-based formula
 - no magnesium stearate, no titanium dioxide

COMPOSITION

PER DAILY DOSE

RECOMMENDED INTAKE

Take 2 capsules daily with plenty of water.

WARNINGS

Do not exceed the recommended daily intake. Food supplements are not a substitute for a balanced and varied diet and a healthy lifestyle. Keep out of reach of children.

STORAGE:

Storage instructions: Store at room temperature in a dry place, protected from light.

Desiccant sachet: Included

BENEFITS & EFFECTS

(Scientifically substantiated, 100% compliant)

PROBIOTIC STRAINS (BIFIDO & LACTO)

Proven to support:

- Normal digestive function
- A healthy microbiome
- The intestinal barrier function
- Immune system function (around 70% of immune cells are located in the gut)
- Balance during periods of stress, dietary changes, and travel

INULIN (PREBIOTIC)

- Serves as “nutrition” for beneficial bacteria
- Promotes a healthy gut flora
- Supports regular digestion

SYNERGY CONCEPT

Probiotics + Prebiotics = Synbiotic effect

- Improved colonization of beneficial gut bacteria
- Enhanced activity
- More stable balance

CRAN- BERRY STICK

- Urinary Tract
- Detoxification
- Immune System



CRANBERRY STICK

Hardly anything in everyday life is more disruptive than the sudden onset of burning, pressure, or that familiar “something isn’t right” feeling when urinating.

It often happens exactly when you need it least: while traveling, under stress, during hormonal changes, or after physical activity.

Cranberry Stick is your fast and convenient support – one stick per day, dissolved in water, ready to drink instantly. The combination of D-mannose, lingonberry concentrate, cranberry extract, and grape seed extract is scientifically sound and perfectly balanced.

INGREDIENTS

(Original Order as Listed on the Label)

With D-mannose, lingonberry juice concentrate, cranberry extract, and grape seed extract

- Natural cranberry flavor
- Maltodextrin
- **D-mannose**
- **Lingonberry juice concentrate**
- Potato starch
- **Cranberry fruit extract**
- **Grape seed extract**
- Acidifier: Citric acid
- Acidifier: Malic acid
- Sweetener: **Steviol glycosides**

NUTRIENT	AMOUNT	% NRV
D-Mannose	1000 mg	-
Lingonberry concentrate	600 mg	-
Cranberry extract	100 mg	-
of which anthocyanidins	1 mg	-
Grape seed extract	100 mg	-
of which proanthocyanidins (PACs)	95 mg	-

NRV = Nutrient Reference Value (not defined for plant extracts)

WHY TADRO CRANBERRY STICK

- ✓ 4-plant complex + D-mannose
- ✓ High active ingredient dosages (e.g. 1000 mg D-mannose, 600 mg lingonberry)
- ✓ 95 mg OPC/PACs → exceptionally high
- ✓ Sugar-free, vegan, clean formulation
- ✓ Suitable for daily use, ideal for travel and everyday life

COMPOSITION

PER DAILY DOSE

RECOMMENDED INTAKE

1 stick daily → dissolve in a glass with 200 ml of water and drink.

WARNINGS:

Do not exceed the recommended daily intake. Food supplements are not a substitute for a balanced and varied diet and a healthy lifestyle. Keep out of reach of children.

STORAGE:

Storage instructions: Store at room temperature in a dry place, protected from light.
Note: Contains sweeteners.

VEGAN
VEGETARIAN
GLUTEN-FREE
LACTOSE-FREE
SUGAR-FREE



WHO IS IT SUITABLE FOR?

- People who want to actively support their urinary tract health
- Women with sensitive bladder function
- Individuals who travel frequently or experience periods of stress
- People who spend long hours sitting (office work)
- Anyone seeking plant-based support

AREAS OF APPLICATION¹:

- Targeted supplementation with flavonoids and D-mannose
- Support for bladder health

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BENEFITS & EFFECTS

(Scientifically substantiated, 100% compliant)

(All statements are correctly and lawfully based on the ingredients.)

D-MANNOSE

- Binds to specific bacterial structures
- Supports natural flushing through urine
- Very well tolerated

LINGONBERRY & CRANBERRY

Rich in polyphenols and anthocyanidins (PACs)
→ support:

- Natural defense of the urinary tract
- Microbiome balance
- Urinary pH stability

GRAPE SEED EXTRACT (RICH IN OPCs/PACs)

- Strong antioxidant properties
- Supports vascular health and local circulation

SYNERGY CONCEPT

The combination of:

- D-mannose (flushing mechanism)
- Cranberry & lingonberry (PACs - anti-adhesion effect)
- Grape seed extract (antioxidant protection)

Leads to a multiple, natural protective mechanism.



ENERGY STICK

Instant Energy • Focus • Metabolism

ENERGY STICK

With vitamins, magnesium, caffeine, Q10, taurine, and adaptogens

There are moments when you need instant energy – before presentations, long shifts, training sessions, or mentally demanding days.

Sometimes your mind feels heavy, your concentration drops, and every task seems twice as difficult.

Energy Stick is the modern alternative to energy drinks: **One stick - add water - done.** Cleanly formulated, sugar-free, with plant extracts, B vitamins, and functional ingredients that help you stay clear, alert, and focused – without the crash.

INGREDIENTS

(Original Order as Listed on the Label)

- Dextrose
- Taurine
- Acidifier: Citric acid
- Maltodextrin
- Guarana extract (natural caffeine)
- Acidifier: Malic acid
- Natural flavoring
- Magnesium oxide
- Siberian ginseng extract (Eleutherococcus)
- Turmeric concentrate
- Coenzyme Q10
- Rhodiola extract (Rhodiola rosea)
- Calcium L-ascorbate (Vitamin C)
- Sweetener: Sucralose
- Nicotinamide (Vitamin B3)
- Calcium D-pantothenate (Vitamin B5)
- Riboflavin (Vitamin B2)
- Pyridoxine hydrochloride (Vitamin B6)
- Thiamine mononitrate (Vitamin B1)
- 5-MTHF glucosamine salt (Active folate)
- D-biotin (Vitamin B7)
- Methylcobalamin (Vitamin B12)

NUTRIENT	AMOUNT	% NRV
Vitamin C	80 mg	100%
Niacin (B3)	16 mg NE	100%
Pantothenic acid (B5)	6 mg	100%
Riboflavin (B2)	1.6 mg	114%
Vitamin B6	1.4 mg	100%
Thiamine (B1)	1.3 mg	118%
Folate (5-MTHF)	200 µg	100%
Biotin	50 µg	100%
Vitamin B12	5 µg	200%
Magnesium	80 mg	21%
Taurine	500 mg	-
Guarana extract	312 mg	-
of which caffeine	50 mg	-
Siberian ginseng extract	125 mg	-
of which eleutherosides	1 mg	-
Rhodiola extract	100 mg	-
of which salidroside	3 mg	-
Coenzyme Q10	100 mg	-

COMPOSITION

PER DAILY DOSE

RECOMMENDED INTAKE

Dissolve 1 stick daily in 250-300 ml of water and drink.

WARNINGS:

Do not exceed the recommended daily intake. Food supplements are not a substitute for a balanced and varied diet and a healthy lifestyle. Keep out of reach of children. **Contains caffeine. Not recommended for children, pregnant, or breastfeeding women.**

STORAGE:

Storage instructions: Store at room temperature in a dry place, protected from light.

Note: Contains sugar and sweeteners.



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WHO IS IT SUITABLE FOR?

- People under work-related stress
- Students and night-shift workers
- Athletes (before training)
- Professionals who need an energy boost
- Individuals who prefer not to consume energy drinks
- People who want to stay mentally clear and focused

AREAS OF APPLICATION¹:

- To support energy metabolism and mental as well as physical performance
- To help reduce fatigue and support stress management

BENEFITS & EFFECTS

(100% compliant based on vitamins and minerals)

WHY TADRO ENERGY STICK?

- ✓ 20-fold active ingredient complex (vitamins + plant extracts + Q10 + caffeine + taurine)
- ✓ No artificial colorings
- ✓ Clean energy without nervousness
- ✓ Adaptogens → support both mental and physical performance
- ✓ Q10 + B vitamins → a rare combination
- ✓ Perfect for anyone who needs performance and focus throughout the day

B VITAMINS + VITAMIN C

- Contribute to normal energy metabolism
- Support nervous system and mental function
- Help reduce fatigue

MAGNESIUM

- Contributes to normal muscle function
- Supports the nervous system

CAFFEINE (FROM GUARANA)

- Promotes alertness and concentration
- Provides natural, longer-lasting release

TAURINE

- Involved in cellular hydration and energy processes
- Works synergistically with caffeine without a "crash"

RHODIOLA (ROSE ROOT)

- Adaptogen supporting stress resistance and fatigue management

SIBERIAN GINSENG (ELEUTHEROCOCCUS)

- Traditional adaptogen
- Supports physical and mental performance

COENZYME Q10

- Essential for mitochondrial energy production

SKIN, HAIR & NAILS

- Beauty from Within
- Keratin • Connective Tissue



SKIN, HAIR & NAILS

Beautiful skin, strong hair, and healthy nails do not start on the surface – they begin at the cellular level, in the hair roots, and in collagen and keratin formation.

Stress, hormones, diet, sleep, and seasonal changes can affect this delicate balance:

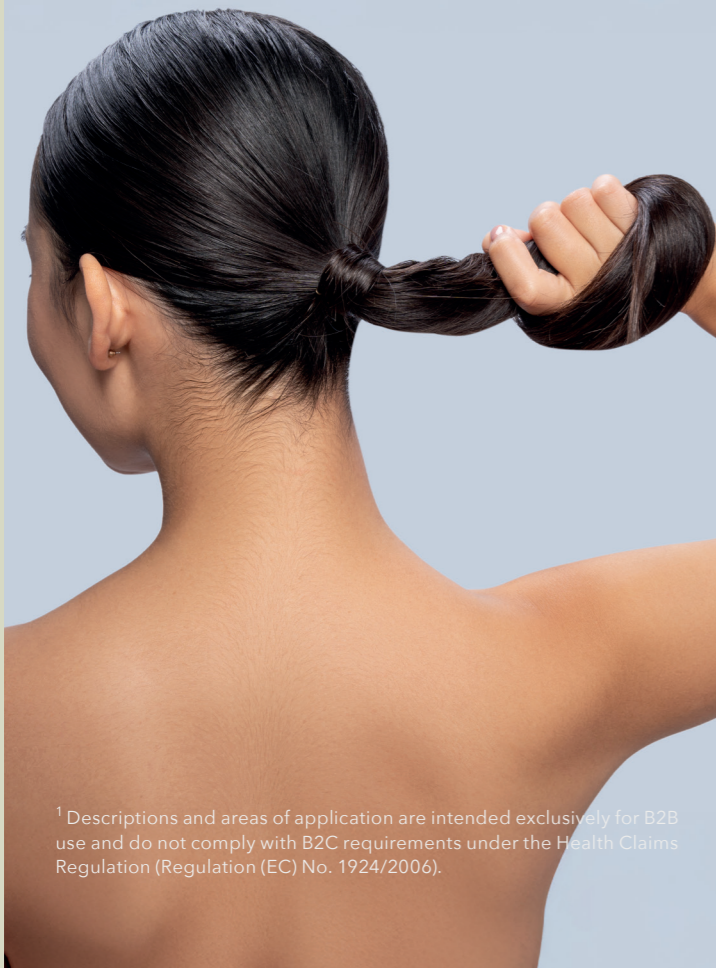
- Increased hair loss
- Brittle nails
- Dull or blemished skin

TADRO Skin, Hair & Nails is a scientifically balanced formula designed to support these processes from within – not cosmetically, but biologically.

INGREDIENTS

(Original Order as Listed on the Label)

- **Millet concentrate** (250 mg)
natural source of silicon
- **N-Acetyl-L-Cysteine (NAC)**
(100 mg)
- **Hydroxypropyl methylcellulose**
(capsule shell)
- **Zinc gluconate**
- **Calcium D-pantothenate**
- **D-biotin**
- **Pteroylmonoglutamic acid**
(folic acid)



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WHO IS IT SUITABLE FOR?

- People experiencing fatigue or stress
- Individuals with an unbalanced diet
- During periods when the body needs "relief" and regeneration
- Anyone who wants to support gut health, cellular function, and overall well-being
- Ideal during seasonal changes, after travel, celebrations, or heavy meals

AREAS OF APPLICATION¹:

- Targeted supplementation with pantothenic acid, folate, biotin, zinc, L-cysteine, and millet extract
- Maintenance of normal hair
- Maintenance of normal mucous membranes and skin
- Maintenance of normal nails
- Protection of cells from oxidative stress

NUTRIENT	AMOUNT	% NRV
Pantothenic acid	4.5 mg	75%
Biotin	1000 µg	2000%
Folate	200 µg	100%
Zinc	9 mg	90%
N-Acetyl-L-Cysteine	100 mg	-
of which L-cysteine	74 mg	-
Millet concentrate	250 mg	-
of which silicon	10 mg	-

WHY TADRO SKIN, HAIR & NAILS

- ✓ Extremely high biotin dosage (1000 µg) → 2000% NRV
- ✓ NAC + silicon + zinc = scientifically strong synergy
- ✓ Only 1 capsule daily
- ✓ Premium quality - Made in Austria
- ✓ Clean formula without unnecessary additives

This combination supports not only appearance, but also the biological structure of: • Skin • Hair roots • Nails • Connective tissue

COMPOSITION

PER DAILY DOSE

RECOMMENDED INTAKE

Take 1 capsule daily with sufficient liquid.

WARNINGS:

Do not exceed the recommended daily intake. Food supplements are not a substitute for a balanced and varied diet and a healthy lifestyle. Keep out of reach of children.

STORAGE:

Storage instructions: Store at room temperature in a dry place, protected from light.
Desiccant sachet: Included

BENEFITS & EFFECTS

(Exclusively based on legally permitted and defined health claims)

BIOTIN & ZINC (AUTHORIZED HEALTH CLAIMS)

- Contribute to the maintenance of normal skin
- Contribute to the maintenance of normal hair
- Zinc contributes to the maintenance of normal nails

N-ACETYL-L-CYSTEINE (NAC)

- A key precursor for keratin (main component of hair and nails)
- Provides sulfur groups that stabilize structural proteins
- Indirectly supports skin metabolism

MILLET (SOURCE OF SILICON)

- Silicon is essential for connective tissue, collagen matrix, and elasticity
- Traditionally used to support hair roots and nail structure

ZINC

- Important for cell division and regeneration
- Possesses antioxidant properties

PANTOTHENIC ACID & FOLIC ACID

- Support cellular metabolism, energy production, and tissue formation



OMEGA 3

Heart • Brain • Inflammation Balance



OMEGA 3

Our modern lifestyle often leads to an imbalance in fatty acid intake:

- High omega-6 intake (oils, fast food, snacks)
- Low omega-3 intake (fish, seafood)

As a result, heart health, brain function, mood, and metabolism may become imbalanced.

Omega 3 provides highly purified, concentrated omega-3 fatty acids from fish oil, essential fats that the body cannot produce on its own:

- EPA (Eicosapentaenoic acid)
- DHA (Docosahexaenoic acid)

These two fatty acids are essential for heart, brain, eye health, and cellular protection.

INGREDIENTS

(Original Order as Listed on the Label)

Pure fish oil - highly concentrated EPA and DHA + Vitamin E

- Fish oil
- Gelatin (capsule shell)
- Glycerin (humectant)
- DL-alpha-tocopheryl acetate (Vitamin E)

NUTRIENT	AMOUNT	% NRV
Fish oil	1000 mg	-
Total omega-3 fatty acids	550 mg	-
of which EPA	330 mg	-
of which DHA	220 mg	-
Vitamin E (DL-alpha-tocopheryl acetate)	10 mg α-TE	83 %

WHY TADRO OMEGA 3

- ✓ **High-dose EPA/DHA ratio (330 mg EPA / 220 mg DHA)**
- ✓ **Pure fish oil - no unnecessary additives**
- ✓ **Vitamin E for oxidation protection**
- ✓ **Excellent tolerability**
- ✓ **Pharmacy-grade quality**
- ✓ **Ideal during stress, low fish intake, and for heart/brain support**

COMPOSITION

PER DAILY DOSE

RECOMMENDED INTAKE

Take 2 capsules daily with sufficient liquid.

WARNINGS:

Do not exceed the recommended daily intake. Food supplements are not a substitute for a balanced and varied diet and a healthy lifestyle. Keep out of reach of children.

STORAGE:

Storage instructions: Store at room temperature in a dry place, protected from light.
Desiccant sachet: Not included



WHO IS IT SUITABLE FOR?

- People experiencing stress or high mental workload
- Individuals with low fish consumption
- Those who want to support heart and cardiovascular health
- Athletes (recovery and cellular protection)
- People with extensive screen time (DHA supports eye health)
- Anyone who wants to use omega-3 preventively

AREAS OF APPLICATION¹:

- Targeted supplementation with omega-3 fatty acids
- Support for heart function
- Support for brain function
- Support for vision

¹ Descriptions and areas of application are intended exclusively for B2B use and do not comply with B2C requirements under the Health Claims Regulation (Regulation (EC) No. 1924/2006).

BENEFITS & EFFECTS

(Scientifically substantiated, 100% compliant)

(100% compliant based on omega-3 and vitamin E)

OMEGA-3 (EPA & DHA)

Supports:

- normal heart function (EPA/DHA)
- normal brain function (DHA)
- normal vision (DHA)
- inflammation balance in the body
- healthy blood lipid levels
- mental performance

VITAMIN E

- contributes to the protection of cells from oxidative stress
- protects fatty acids from oxidation

MULTI MAGNESIUM 7

Muscles • Nerves • Energy



MULTI MAGNESIUM 7

Magnesium is one of the most essential minerals – yet stress, physical activity, unbalanced nutrition, lack of sleep, or high caffeine intake can significantly increase the body's requirements.

Many people experience:

- Muscle twitching
- Inner restlessness
- Fatigue
- Muscle tension
- Cramps
- Sleep problems

Multi Magnesium 7 was developed to support the body precisely in these situations – not with just one form, but with seven different magnesium compounds that target various systems in the body.

INGREDIENTS

(Original Order as Listed on the Label)

With seven magnesium compounds for optimal bioavailability

- Magnesium dicitrate
- Magnesium malate
- Hydroxypropyl methylcellulose (capsule shell)
- Magnesium carbonate
- Magnesium bisglycinate
- Magnesium hydrogen citrate
- Magnesium gluconate
- Magnesium L-ascorbate



WHO IS IT SUITABLE FOR?

- People with muscle tension or cramps
- Individuals under stress
- Athletes
- People with sleep problems
- Individuals with increased magnesium requirements (caffeine, alcohol, heat, sports)
- Anyone who wants to strengthen their nervous system

AREAS OF APPLICATION¹:

- Targeted supplementation with magnesium
- Support for muscle function and electrolyte balance (physical exertion)
- Support for energy metabolism and nervous system function
- Reduction of fatigue and tiredness

¹ Descriptions and areas of application are intended exclusively for B2B use and do not comply with B2C requirements under the Health Claims Regulation (Regulation (EC) No. 1924/2006).

NUTRIENT	AMOUNT	% NRV
Magnesium (total)	250 mg	67 %

WHY TADRO MULTI MAGNESIUM 7

Unlike conventional magnesium products (citrate OR oxide), TADRO combines:

Seven different forms, including:

- Citrate & hydrogen citrate → ideal for muscles
- Malate → energy production
- Bisglycinate → especially well tolerated (nervous system)
- Gluconate → rapid absorption
- Carbonate → sustained-release effect
- Magnesium L-ascorbate → synergistic with vitamin C

- ✓ **Whole-body magnesium support**
- ✓ **High bioavailability**
- ✓ **Gentle on the stomach**
- ✓ **Free from additives, pure & vegan**

COMPOSITION

PER DAILY DOSE

RECOMMENDED INTAKE

Take 2 capsules daily with sufficient liquid. Ideally divided into two portions per day.

WARNINGS:

Do not exceed the recommended daily intake. Food supplements are not a substitute for a balanced and varied diet and a healthy lifestyle. Keep out of reach of children.

STORAGE:

Storage instructions: Store at room temperature in a dry place, protected from light.
Desiccant sachet: Included

BENEFITS & EFFECTS

(Scientifically substantiated, 100% compliant)

(Legally authorized claims for magnesium)

MAGNESIUM CONTRIBUTES TO:

- Normal muscle function
- Normal energy metabolism
- Normal functioning of the nervous system
- Reduction of tiredness and fatigue
- Normal protein synthesis
- Electrolyte balance

L-LYSIN

- Amino acid
- Immune system support
- Connective tissue



L-LYSINE

During periods of stress, intensive training phases, skin strain or a weakened immune system, the body requires certain amino acids in higher amounts.

L-Lysine is one of the **essential amino acids** that the body cannot produce itself – it must be obtained daily through diet or supplementation.

Adequate lysine intake particularly benefits the skin, connective tissue, immune system and regeneration.

INGREDIENTS

(Original Order as Listed on the Label)

Pure L-Lysine hydrochloride – without additives

- L-Lysine hydrochloride
- Hydroxypropylmethylcellulose (capsule shell, vegan)

→ No additives, no fillers, no colorants, no magnesium stearate

LACTOSE-FREE

GLUTEN-FREE

VEGETARIAN

VEGAN



WHO IS IT SUITABLE FOR?

- Individuals with increased lysine requirements
- People under stress or with higher nutritional demands
- Athletes & physically active individuals
- People who want to support skin & connective tissue
- Vegans & vegetarians (lysine intake may be limited in plant-based diets)

AREAS OF APPLICATION¹:

- Targeted supplementation of the essential amino acid L-lysine
- Support of the immune system
- Complementary support during recurring herpes infections (immune competence)
- Support of blood vessels, connective tissue & muscles
- Beauty (collagen synthesis)
- Vegan nutrition

¹ Descriptions and areas of application are intended exclusively for B2B use and do not comply with B2C requirements under the Health Claims Regulation (Regulation (EC) No. 1924/2006).

NUTRIENT	AMOUNT	% NRV
L-Lysine	1380 mg	-

(NRV not defined for amino acids)

WHY TADRO L-LYSINE

- ✓ **Pure and unadulterated** - only L-lysine, nothing else
- ✓ **Very high dosage** (1380 mg per day)
- ✓ **Vegan, hypoallergenic, free from additives**
- ✓ Gentle on the stomach and well tolerated
- ✓ **Premium quality - Made in Austria**

COMPOSITION

PER DAILY DOSE

RECOMMENDED INTAKE

Take 3 capsules daily with plenty of water.

WARNINGS:

Do not exceed the recommended daily intake. Food supplements are not a substitute for a balanced and varied diet and a healthy lifestyle. Keep out of reach of small children.

STORAGE:

Storage instructions: Store at room temperature in a dry place, protected from light.
Desiccant sachet: Included

BENEFITS & EFFECTS

(Scientifically substantiated, 100% compliant)

(Legally permitted generic statements on amino acids and body systems)

CONNECTIVE TISSUE & COLLAGEN STRUCTURE

- Lysine is a key building block for collagen synthesis
- Important for skin, tendons, ligaments and connective tissue
- Supports stability and regeneration

IMMUNE SYSTEM

- Lysine is required for the formation of certain immune cells
- Supports the body during periods of increased physical stress

MUSCLES & RECOVERY

- Component of many structural and muscle proteins
- Important for athletic recovery

STRESS & SKIN CHALLENGES

- Lysine is consumed more rapidly during stress
- Supports the skin's barrier function

PHYTOFERRIN PLUS C

Plant-Based Iron • Energy • Immune System



PHYTOFERRIN PLUS C

Fatigue, pale skin, concentration difficulties, and low physical resilience may indicate an increased iron requirement.

Many people do not tolerate conventional iron supplements well – stomach discomfort, nausea, or constipation are common. Phytoferrin Plus C offers a gentle, plant-based alternative.

INGREDIENTS

(Original Order as Listed on the Label)

With buckwheat germ powder, vitamin C, and rosehip extract

- Buckwheat germ powder
- Rosehip extract
- Hydroxypropyl methylcellulose (capsule shell)
- Calcium L-ascorbate (Vitamin C)
- Microcrystalline cellulose (filler)

Phytoferrin Plus C - the gentle, plant-based alternative:

→ Iron from buckwheat germ powder, combined with vitamin C and rosehip extract for optimal absorption and excellent tolerability

→ Ideal for people who want to specifically support their energy levels, immune system, and blood formation

NUTRIENT	AMOUNT	% NRV
Vitamin C	100 mg	125%
Buckwheat germ powder	668 mg	-
of which Iron	10 mg	71%
Rosehip extract	200 mg	-

NRV = Nutrient Reference Value according to EU Food Information Regulation

WHY TADRO PHYTOFERRIN PLUS C

- ✓ Plant-based iron → high tolerability, good bioavailability
- ✓ Vitamin C + rosehip → perfect synergy
- ✓ Only 2 capsules daily
- ✓ No iron sulfate → no typical side effects
- ✓ Ideal for women, athletes, vegetarians, and people with mild iron deficiency
- ✓ Premium quality - Made in Austria

COMPOSITION

PER DAILY DOSE

RECOMMENDED INTAKE

Take 2 capsules daily, at least 30 minutes before meals, with plenty of water.

WARNINGS:

Do not exceed the recommended daily intake. Food supplements are not a substitute for a balanced and varied diet and a healthy lifestyle. Keep out of reach of small children.

STORAGE:

Storage instructions: Store at room temperature in a dry place, protected from light.
Desiccant sachet: Included



WHO IS IT SUITABLE FOR?

- People with fatigue or exhaustion
- Women with menstrual blood loss
- Vegans and vegetarians
- Athletes (blood formation & oxygen transport)
- People who do not tolerate conventional iron well
- Anyone who wants to support immune function and energy levels

AREAS OF APPLICATION¹:

- Targeted supplementation of the trace element iron from plant sources
- Support of the immune system and cognitive function
- Energy metabolism
- Reduction of tiredness and fatigue

¹ Descriptions and areas of application are intended exclusively for B2B use and do not comply with B2C requirements under the Health Claims Regulation (EC No. 1924/2006).

BENEFITS & EFFECTS

(Scientifically substantiated, 100% compliant)

(All claims are fully compliant based on iron and vitamin C)

IRON CONTRIBUTES TO:

- Normal formation of red blood cells
- Normal oxygen transport in the body
- Normal energy metabolism
- Reduction of tiredness and fatigue

VITAMIN C CONTRIBUTES TO:

- Increased iron absorption
- Normal function of the immune system
- Protection of cells from oxidative stress

BUCKWHEAT GERM POWDER

- Natural source of iron
- Significantly better tolerability than synthetic iron
- No metallic taste, no stomach irritation

ROSEHIP EXTRACT

- Rich in bioflavonoids
- Synergistic with vitamin C

Q10

Energy • Cell Protection • Heart Function



Q10

There are phases in life when you feel tired, exhausted, or less capable of performing.

Stress, aging, medication (e.g. statins), or a demanding daily routine can significantly reduce the body's natural Q10 production.

However, Q10 is essential - it is located directly in the mitochondria, the "power plants" of every cell. Without sufficient Q10:

- Less energy
- Reduced cellular protection
- Lower performance capacity

TADRO Q10 provides a highly dosed, pure formulation combined with vitamin C to support energy production and protection against oxidative stress.

INGREDIENTS

(Original Order as Listed on the Label)

With 100 mg coenzyme Q10 + 115 mg vitamin C per capsule

- **Calcium L-ascorbate (Vitamin C)**
- **Coenzyme Q10**
- **Acerola extract**
- **Hydroxypropyl methylcellulose** (capsule shell)

NUTRIENT	AMOUNT	% NRV
Vitamin C	115 mg	144%
of which Acerola extract	15 mg	-
of which Calcium L-ascorbate	100 mg	-
Coenzyme Q10	100 mg	-

NRV = Nutrient Reference Value according to EU regulation.

WARUM TADRO Q10

- ✓ **100 mg pure Q10 per capsule (high-dose)**
- ✓ **Combined with vitamin C**
→ synergistic energy production
- ✓ **Acerola = natural source of vitamin C**
- ✓ **Only 1 capsule daily**
- ✓ **Vegan & hypoallergenic**
- ✓ **Premium quality - Made in Austria**

COMPOSITION

PER DAILY DOSE

RECOMMENDED INTAKE

Take 1 capsule daily with plenty of water.

WARNINGS:

Do not exceed the recommended daily intake. Not a substitute for a balanced and varied diet and a healthy lifestyle. Keep out of reach of children. **Not suitable for pregnant or breastfeeding women, children, and adolescents.**

STORAGE:

Storage instructions: Store at room temperature in a dry place, protected from light.
Desiccant sachet: Included



WHO IS IT SUITABLE FOR?

- People experiencing fatigue or reduced performance
- Adults aged 30+ (declining natural Q10 synthesis)
- Athletes
- People taking multiple medications
- Individuals with high stress levels
- Anyone who wants to support their energy metabolism

AREAS OF APPLICATION¹:

- Targeted supplementation of coenzyme Q10
- Support of energy metabolism
- Protection of cells from oxidative stress
- Demanding lifestyle and intense physical activity
- Support of vascular health (endothelial function)
- Use alongside medications such as cholesterol-lowering drugs
- Fertility support

BENEFITS & EFFECTS

(Scientifically substantiated, 100% compliant)

(Legal claims based on vitamin C)

VITAMIN C CONTRIBUTES TO:

- Normal energy metabolism
- Protection of cells from oxidative stress
- Reduction of tiredness and fatigue
- Normal immune system function

COENZYME Q10 – GENERAL SCIENTIFIC INFORMATION

(Q10 has no approved EU health claims – therefore we remain legally compliant.) Q10 is:

- A component of the mitochondrial respiratory chain
- Important for energy production (ATP)
- Particularly relevant for the heart, brain, liver, and muscles
- Known for its role in oxidative balance

¹ Descriptions and areas of application are intended exclusively for B2B use and do not comply with B2C requirements under the Health Claims Regulation (EC No. 1924/2006).



SLEEP SPRAY

- Sleep support • Relaxation
- Melatonin

SLEEP SPRAY

The day was long, your mind is full of thoughts, your body is exhausted - yet falling asleep just doesn't work.

Whether due to:

- Stress
- Jet lagdules
- Irregular sleep schedules
- Shift work
- Racing thoughts

Sometimes the body needs a gentle impulse to switch into sleep mode.

TADRO Sleep Spray contains 1 mg of melatonin, which has been scientifically proven to help reduce the time it takes to fall asleep. The application is fast, pleasant and especially practical - ideal for home or while traveling.

INGREDIENTS

(Original Order as Listed on the Label)

With 1 mg melatonin per daily dose - supports faster sleep onset naturally

- Water
- Ethanol
- Melatonin
- Spearmint oil

- No artificial colorants
- No sweeteners
- Pure, clean formulation

NUTRIENT	AMOUNT	% NRV
Melatonin	1 mg	-

NRV = No reference value defined for melatonin.

WHY TADRO SLEEP SPRAY

- ✓ **Liquid & sublingual → faster absorption than capsules**
- ✓ **Precise dosage: 1 mg melatonin per day**
- ✓ **Fresh mint flavor (spearmint oil)**
- ✓ **Sugar-free, vegan, minimalist formulation**
- ✓ **Ideal for people seeking natural sleep support**

NOTES:

Shake well before use. Contains alcohol: Not recommended for pregnant women, breastfeeding women, or children.

COMPOSITION

PER DAILY DOSE

RECOMMENDED INTAKE

4 sprays = approx. 1 mg melatonin
About 30 minutes before going to bed

- Spray directly into the mouth
- Shake well before use
- Do not exceed the daily dose

WARNINGS:

Do not exceed the recommended daily intake. Not a substitute for a balanced and varied diet and a healthy lifestyle. Keep out of reach of small children.

STORAGE:

Storage instructions: Store at room temperature, in a dry place.

VEGAN

VEGETARIAN

GLUTEN-FREE

LACTOSE-FREE



¹ Descriptions and areas of application are intended exclusively for B2B use and do not comply with B2C requirements under the Health Claims Regulation (Regulation (EC) No. 1924/2006).

WHO IS IT SUITABLE FOR?

- People with difficulty falling asleep or staying asleep
- People under stress
- Shift workers
- Frequent travelers / jet lag sufferers
- People who “can’t switch off” in the evening
- Anyone seeking gentle, natural sleep support

AREAS OF APPLICATION¹:

- Targeted supplementation with melatonin
- Helps reduce time needed to fall asleep
- Support for preventing jet lag symptoms

BENEFITS & EFFECTS

(Scientifically substantiated, 100% compliant)

MELATONIN CONTRIBUTES TO REDUCING THE TIME NEEDED TO FALL ASLEEP

→ The positive effect occurs when 1 mg of melatonin is taken shortly before going to bed.

(This claim is approved in the EU.)

ADDITIONAL SCIENTIFIC INFORMATION (GENERALLY PERMITTED)

- Melatonin is a hormone naturally produced by the body that regulates the sleep-wake cycle.
- Especially helpful in cases of irregular sleep schedules, shift work, jet lag, and stress.

SELENIUM

Immune System • Thyroid • Cell Protection



SELEN

Stress, exhaustion, a weakened immune system, or hormonal changes can significantly increase selenium requirements. At the same time, many soils in Europe are low in selenium, which means people often consume less selenium than in the past.

However, selenium is essential for:

- Thyroid function
- Immune system
- Cell protection and oxidative balance
- Hair, nails and metabolism

TADRO Selenium provides a **pure, high-dose formula with 200 µg selenium** from sodium selenite - optimally bioavailable and precisely dosed.

INGREDIENTS

(In original order)

With 200 µg selenium from sodium selenite - high-dose & pure

- **Calcium carbonate** (filler)
- **Hydroxypropylmethylcellulose** (capsule shell)
- **Sodium selenite** (selenium source)

→ **No colorants, no flavorings, no unnecessary additives.**

LACTOSE-FREE

GLUTEN-FREE

VEGETARIAN

VEGAN



WHO IS IT SUITABLE FOR?

- People experiencing fatigue, exhaustion, or stress
- Individuals with thyroid concerns
- Smokers / high oxidative stress exposure
- People with low fish or nut intake
- Athletes
- Individuals with increased immune system demands

AREAS OF APPLICATION¹:

- Targeted supplementation with highly bioavailable selenium
- Protection of cells from oxidative stress
- Support of immune system and thyroid function
- Support of skin, hair, and nails
- Male fertility
- Vegan nutrition

¹ Descriptions and areas of application are intended exclusively for B2B use and do not comply with B2C requirements under the Health Claims Regulation (EC No. 1924/2006).

NUTRIENT	AMOUNT	% NRV
Selenium	200 µg	364 %

WARUM TADRO SELEN

- ✓ **High-dose: 200 µg** - optimal for modern needs
- ✓ Sodium selenite → **high bioavailability**
- ✓ **Pure, vegan formula**
- ✓ Ideal for immune system, cell protection, and thyroid health
- ✓ Premium quality - Made in Austria

Low selenium intake may lead to increased oxidative stress, fatigue, and metabolic imbalances.

COMPOSITION

PER DAILY DOSE

RECOMMENDED INTAKE

1 capsule daily with plenty of liquid. Do not exceed the recommended daily dose.

WARNINGS:

Do not exceed the stated recommended daily intake. Not a substitute for a balanced and varied diet and a healthy lifestyle. Keep out of reach of small children.

STORAGE:

Storage instructions: Store at room temperature, in a dry place, protected from light.

Desiccant sachet: Included

BENEFITS & EFFECTS

(Scientifically substantiated, 100% compliant)

(Selenium has several approved EU health claims - fully compliant and legally secure)

SELENIUM CONTRIBUTES TO:

- Normal function of the **immune system**
- **Normal thyroid function** (T3/T4 enzyme activity)
- **Protection of cells** from oxidative stress
- Normal sperm production
- Maintenance of normal hair and nails

WHY IS SELENIUM SO IMPORTANT?

Selenium is a component of numerous enzymes, including:

- **Glutathione peroxidases** (cell protection)
- **Deiodinases** (thyroid hormones)
- **Thioredoxin reductases** (regeneration)



VITAMIN B KOMPLEX

Energy • Nerves • Metabolism

TADRO

VITAMIN B
KOMPLEX

mit acht B-Vitaminen

Nahrungsergänzungsmittel

29g | 1 CD

VITAMIN B KOMPLEX

High workload, stress, lack of sleep, long working days, or irregular nutrition can increase the body's need for B vitamins. These vitamins are essential for:

- Energy production
- Nervous system & mental health
- Hormonal & metabolic processes
- Regeneration & mental performance

If you often feel tired, have difficulty concentrating, or feel "mentally drained," B vitamins can provide valuable support.

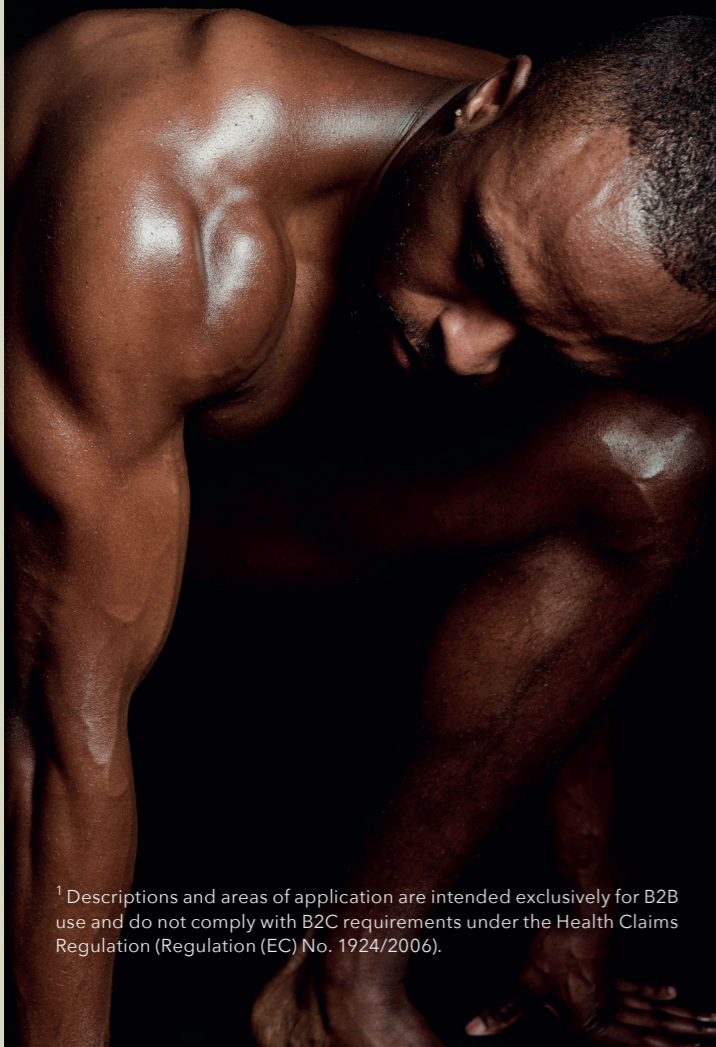
TADRO Vitamin B Complex delivers all eight B vitamins in a high-dose, **perfectly balanced formula.**

INGREDIENTS

(Original order as listed on the label)

With eight high-dose B vitamins:

- **Thiamine mononitrate** (Vitamin B1)
- **Calcium D-pantothenate** (Vitamin B5)
- **Nicotinamide** (Vitamin B3)
- **Hydroxypropyl methylcellulose** (capsule shell)
- **Microcrystalline cellulose** (filler)
- **Pyridoxal-5-phosphate** (active B6 form)
- **Sodium riboflavin-5-phosphate** (active B2 form)
- **Inositol hexanicotinate** (no-flush niacin)
- **Pyridoxine hydrochloride** (B6)
- **Riboflavin** (Vitamin B2)
- **5-MTHF glucosamine** (active folate)
- **Methylcobalamin** (active B12 form)
- **D-biotin**



¹ Descriptions and areas of application are intended exclusively for B2B use and do not comply with B2C requirements under the Health Claims Regulation (Regulation (EC) No. 1924/2006).

WHO IS IT SUITABLE FOR?

- People experiencing stress, performance pressure, or overload
- Students, shift workers, and busy professionals
- People with fatigue, low energy, or lack of motivation
- Vegans & vegetarians (higher need for B12, B2, B3)
- People with increased vitamin B consumption (sports, alcohol, medication)

AREAS OF APPLICATION¹:

- Targeted supplementation of high-dose B vitamins
- Support for energy metabolism, nervous system, and mental health during high stress
- Reduction of tiredness and fatigue

NUTRIENT	AMOUNT	% NRV
Niacin (B3)	110 mg NE	688 %
Thiamine (B1)	100 mg	9091 %
Pantothenic Acid (B5)	100 mg	1667 %
Vitamin B6	20 mg	1429 %
Riboflavin (B2)	15 mg	1071 %
Vitamin B12	400 µg	16000 %
Biotin	400 µg	800 %
Folate (5-MTHF)	400 µg	200 %

NRV = Nutrient Reference Value according to LMIV

WHY TADRO VITAMIN B COMPLEX?

- ✓ Extremely high active ingredient content
- ✓ Active vitamin forms for maximum bioavailability
- ✓ Complete 8-vitamin B complex
- ✓ Only 1 capsule daily
- ✓ Vegan, pure, without additives (except cellulose)
- ✓ Ideal for stress, mental strain, and low energy levels

COMPOSITION

PER DAILY DOSE

RECOMMENDED INTAKE

Take 1 capsule daily with plenty of water. Do not exceed the recommended intake.

WARNINGS:

Do not exceed the recommended daily intake. Not a substitute for a balanced and varied diet and a healthy lifestyle. Keep out of reach of children.

STORAGE:

Storage instructions: Store at room temperature in a dry place, protected from light.
Desiccant sachet: Included

BENEFITS & EFFECTS

(All claims related to B vitamins are legally permitted)

B1, B2, B3, B5, B6, B7, B9, B12 CONTRIBUTE TO:

- Normal energy metabolism
- Normal functioning of the nervous system
- Normal psychological function
- Reduction of tiredness and fatigue

FURTHER SPECIFIC FUNCTIONS

VITAMIN B12 & FOLATE (5-MTHF)

- Blood formation
- Cell division
- Homocysteine metabolism

PANTOTHENIC ACID (B5)

- Synthesis of steroid hormones (e.g. stress hormones)

BIOTIN (B7)

- Maintenance of normal skin and hair

RIBOFLAVIN (B2)

- Protection of cells from oxidative stress

ACTIVE FORMS (P-5-P, R-5-P, 5-MTHF, METHYLCOBALAMIN)

- Immediately bioavailable
- Optimal support during stress, fatigue, and metabolic challenges

VITAMIN C

- Immune System
- Cell Protection • Energy



VITAMIN C

Stressful days, lack of sleep, cold seasons, or simply feeling exhausted - all of these increase the body's need for Vitamin C.

Vitamin C is one of the most versatile vitamins:

- Immune system
- Skin
- Cell protection
- Energy
- Collagen
- Regeneration

Yet many people do not consume enough, especially during periods of high physical or mental stress.

TADRO VITAMIN C combines a high-dose 400 mg of Vitamin C from three different ascorbate forms with 100 mg rosehip extract, a natural source of vitamin C.

INGREDIENTS

(Original order as listed on the label)

High-dose formula with 400 mg Vitamin C + 100 mg Rosehip Extract

- Calcium L-ascorbate
- Magnesium L-ascorbate
- Sodium L-ascorbate
- Rosehip extract
- Hydroxypropyl methylcellulose (capsule shell)
- Potassium L-ascorbate

VEGAN

VEGETARIAN

GLUTEN-FREE

LACTOSE-FREE



¹ Descriptions and areas of application are intended exclusively for B2B use and do not comply with B2C requirements under the Health Claims Regulation (Regulation (EC) No. 1924/2006).

WHO IS IT SUITABLE FOR?

- People with increased Vitamin C requirements
- Stress, fatigue, physical strain
- People with weakened immune systems
- Athletes (recovery & cell protection)
- Smokers (higher oxidative stress)
- Anyone who needs antioxidant protection

AREAS OF APPLICATION¹:

- Targeted supplementation with buffered, high-dose Vitamin C
- Support of immune system and energy metabolism
- Protection of cells from oxidative stress
- Support of collagen formation for normal function of skin, bones, cartilage, blood vessels, and gums
- During and after intense physical exertion

NUTRIENT	AMOUNT	% NRV
Total Vitamin C	400 mg	500 %
Rosehip Extract	100 mg	-

NRV = Nutrient Reference Value.

WARUM TADRO VITAMIN C

- ✓ 400 mg Vitamin C per capsule
- ✓ Triple ascorbate source
→ optimal tolerability
- ✓ Rosehip extract for natural synergy
- ✓ Vegan, no artificial colours, no flavours
- ✓ Only 1 capsule daily

COMPOSITION

PER DAILY DOSE

RECOMMENDED INTAKE

Take 1 capsule daily with plenty of water. Do not exceed the recommended daily dose.

WARNINGS:

Do not exceed the stated recommended daily intake. Food supplements are not a substitute for a balanced and varied diet and a healthy lifestyle. Keep out of reach of small children.

STORAGE:

Storage instructions: Store at room temperature, in a dry place, protected from light.

Desiccant sachet: Included

BENEFITS & EFFECTS

(Scientifically substantiated, 100% compliant)

(All claims for Vitamin C are authorised under EU law)

VITAMIN C CONTRIBUTES TO:

- Normal function of the immune system
- Protection of cells from oxidative stress
- Normal collagen formation (skin, cartilage, bones, blood vessels)
- Normal energy metabolism
- Reduction of tiredness and fatigue
- Normal psychological function
- Regeneration of Vitamin E

ROSEHIP EXTRACT

(No independent authorised health claim – general permitted statements)

- Natural source of secondary plant compounds
- Traditionally used for wellbeing and antioxidant support
- Synergistic effect with Vitamin C



ZINC PICOLINATE 30

Immune System • Skin • Metabolism

ZINC PICOLINATE 30

Skin impurities, weakened immune defence, fatigue or delayed recovery can be early signs of increased zinc requirements.

Zinc is involved in more than 300 enzymatic processes. Stress, diet, physical activity and certain life phases may significantly increase the body's demand.

Zinc Picolinate 30 is one of the most bioavailable forms of zinc and is ideal for people who need targeted, short-term support.

INGREDIENTS

Contains 30 mg elemental zinc - highly bioavailable as picolinate

- Zinc picolinate
- Calcium carbonate (filler)
- Hydroxypropyl methylcellulose (capsule shell)

→ **No artificial colours, no flavours, no unnecessary additives.**

NUTRIENT	AMOUNT	% NRV
Zinc	30 mg	300 %

NRV = Nutrient Reference Value according to LMIV.

WHY TADRO ZINC PICOLINATE 30

- ✓ 30 mg elemental zinc (pharmaceutical-grade dosage)
- ✓ Picolinate form → highest bioavailability
- ✓ Only every 2 days intake
- ✓ Pure, vegan, hypoallergenic
- ✓ Ideal for short-term, intensive support
- ✓ Perfect for skin, immune system, hormones, and recovery

IMPORTANT:

Use is limited to 8 weeks. For adults only. Do not take together with other zinc-containing supplements.

COMPOSITION

PRO DOSIS

RECOMMENDED INTAKE

Take 1 capsule every 2 days, independent of meals, with plenty of water. Do not exceed the recommended dose.

WARNINGS:

Do not exceed the recommended daily intake. Food supplements are not a substitute for a balanced and varied diet and a healthy lifestyle. Keep out of reach of children.

STORAGE:

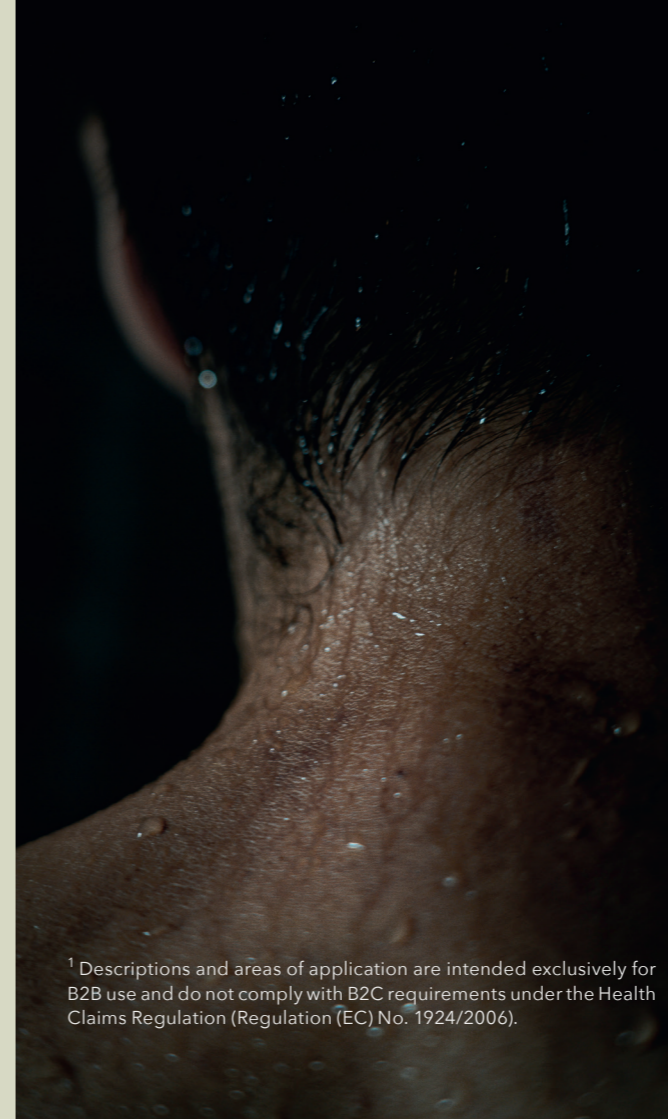
Storage instructions: Store at room temperature, in a dry place, protected from light.
Desiccant sachet: Included

VEGAN

VEGETARIAN

GLUTEN-FREE

LACTOSE-FREE



WHO IS IT SUITABLE FOR?

- People with increased zinc requirements
- Skin issues / impurities
- Weakened immune system
- Men (testosterone metabolism)
- Athletes (sweat-related zinc loss)
- Vegans & vegetarians
- People under stress or with increased oxidative demand

AREAS OF APPLICATION¹:

- Targeted supplementation with highly dosed, highly bioavailable zinc
- Protection of cells against oxidative stress
- Support of the immune system
- Support for skin, hair, and nails
- Acid-base balance
- Fertility
- Vegan nutrition

¹ Descriptions and areas of application are intended exclusively for B2B use and do not comply with B2C requirements under the Health Claims Regulation (Regulation (EC) No. 1924/2006).

BENEFITS & EFFECTS

(Scientifically substantiated, 100% compliant)

(All claims are approved under EU regulations)

ZINC CONTRIBUTES TO: IMMUNE SYSTEM

- Normal function of the immune system

SKIN, HAIR & NAILS

- Maintenance of normal skin
- Maintenance of normal hair
- Maintenance of normal nails

HORMONES & METABOLISM

- Maintenance of normal testosterone levels in the blood
- Normal carbohydrate, fat, and macronutrient metabolism

CELLS & DNA

- Protection of cells from oxidative stress
- Normal DNA synthesis



5-HTP

- Mood • Sleep
- Serotonin Balance

5-HTP

Inner restlessness, poor sleep, mood swings, or a feeling of mental exhaustion often occur when serotonin metabolism is out of balance.

Especially during phases of:

- Stress
- Lack of sleep
- Overwork
- Intense physical strain
- Emotional tension

the body needs specific building blocks to regain balance.

5-HTP is the natural precursor of serotonin and is derived from the African black bean (*Griffonia simplicifolia*).

Combined with magnesium, which contributes to normal psychological, nervous system, and muscle function, it forms a particularly effective combination.

INGREDIENTS

(Original order as listed on the label)

With 99 mg 5-HTP from African black bean + 144 mg magnesium

- Magnesium carbonate
- African black bean extract (*Griffonia simplicifolia*)
- Hydroxypropyl methylcellulose (capsule shell, vegan)

→ **Free from artificial colors, flavors, and sweeteners**

VEGAN

VEGETARIAN

GLUTEN-FREE

LACTOSE-FREE



¹ Descriptions and areas of application are intended exclusively for B2B use and do not comply with B2C requirements under the EU Health Claims Regulation (EC) No. 1924/2006.

WHO IS IT SUITABLE FOR?

- People in stressful or emotionally demanding situations
- Individuals with sleep difficulties
- People seeking mental calm and balance
- Busy professionals and shift workers
- Those who want to combine magnesium with serotonin precursors

AREAS OF APPLICATION¹:

- Targeted supplementation with 5-HTP
- Well-being and mood support
- Support of the nervous system and mental performance
- Improvement of sleep quality

NUTRIENT	AMOUNT	% NRV
Magnesium	144 mg	38 %
African Black Bean Extract	330 mg	-
Wild Garlic Extract	99 mg	-

NRV = Nutrient Reference Value according to LMIV.

WARUM TADRO 5-HTP

- ✓ **99 mg 5-HTP per daily dose** (high dosage)
- ✓ Combined with magnesium → synergistic support for mental and nervous system health
- ✓ **Pure & vegan**
- ✓ **Only 3 ingredients**
- ✓ Derived from African black bean (natural 5-HTP source)
- ✓ Ideal for stress, sleep, and mental balance

COMPOSITION

PER DAILY DOSE

RECOMMENDED INTAKE

Take 2 capsules daily with plenty of water. Do not exceed the recommended intake.

WARNINGS:

The stated recommended daily intake must not be exceeded. Not a substitute for a balanced and varied diet and a healthy lifestyle. Keep out of reach of small children.

STORAGE:

Storage instructions: Store at room temperature in a dry place, protected from light.
Desiccant sachet: Included

BENEFITS & EFFECTS

(Legally compliant and approved statements)

MAGNESIUM CONTRIBUTES TO:

- Normal psychological function
- Normal function of the nervous system
- Reduction of tiredness and fatigue
- Normal energy metabolism

5-HTP (5-HYDROXYTRYPTOPHAN)

(No official EU health claim – scientifically well documented)

- Natural serotonin precursor
- Converted in the body into melatonin
- Plays a role in:
 - ◊ Mood
 - ◊ Relaxation
 - ◊ Sleep quality
 - ◊ Stress balance

GRIFFONIA SIMPLICIFOLIA

- Natural source of 5-HTP
- Traditionally used for emotional well-being



VITAMIN D FORTE DROPS 2.500 IU

Immune System • Bones • Muscle Function

VITAMIN D FORTE DROPS 2.500 IU

Vitamin D is one of the most important micronutrients for the human body and at the same time one of the nutrients most commonly deficient in our latitudes.

Sunlight is the primary natural source of vitamin D. However, especially during autumn and winter months and in predominantly indoor lifestyles, the body's own production is often insufficient.

Vitamin D Contributes To:

- Normal function of the **immune system**
- Maintenance of normal **bones and teeth**
- Normal **muscle function**
- Normal calcium **levels in the blood**

INGREDIENTS

(Original Order as Listed on the Label)

- Rapeseed oil
- Argan oil
- Cholecalciferol (Vitamin D3)

TADRO Vitamin D3 Forte 2,500 IU

was developed for people who want to support their vitamin D status in a targeted, reliable, and convenient way.

The highly dosed liquid formulation allows precise and consistent daily dosing and can be easily integrated into everyday life. Thanks to its simple application, this product is ideal for regular use as part of a conscious diet and healthy lifestyle.



WHO IS IT SUITABLE FOR?

- People with little or irregular sun exposure
- Individuals during autumn and winter months
- Adults and elderly people
- People who want to consciously supplement their daily basic nutrient intake

AREAS OF APPLICATION¹:

- Targeted supplementation with Vitamin D3
- Support of the immune system
- Maintenance of normal bones, muscle function, and teeth
- Support of calcium and phosphorus absorption

¹ Descriptions and areas of application are intended exclusively for B2B use and do not comply with B2C requirements under the Health Claims Regulation (Regulation (EC) No. 1924/2006).

NUTRIENT	AMOUNT	% NRV
Vitamin D3	62,5 µg (2.500 IE)	1.250%

NRV = Nutrient Reference Value.

WHY TADRO VITAMIN D FORTE DROPS

The oil-based drop formulation ensures high bioavailability and particularly easy intake. The dosage can be applied precisely and conveniently in everyday life, independently of meals.

QUALITY & TADRO STANDARDS

- High-quality Vitamin D3 (cholecalciferol)
- Pure oil base made from rapeseed and argan oil
- Free from unnecessary additives
- Developed according to high quality and safety standards

COMPOSITION

PER DAILY DOSE

RECOMMENDED INTAKE

1 drop daily. Do not exceed the recommended daily dose.

WARNINGS:

Do not exceed the stated recommended daily intake. This product is not a substitute for a balanced and varied diet and a healthy lifestyle. Keep out of reach of small children. Not suitable for children under 11 years of age.

STORAGE:

Storage instructions: Store at room temperature in a dry place, protected from light.

VITAMIN K2 & D3

Bones • Calcium Metabolism • Immune System



VITAMIN K2 & D3

Vitamin K2 and Vitamin D3 complement each other in a meaningful way.

While Vitamin D supports the absorption and utilization of calcium, Vitamin K helps direct calcium into the bones and at the same time supports normal blood clotting.

Vitamin K contributes to:

- Normal blood clotting
- Maintenance of normal bones

Vitamin D contributes to:

- Normal function of the immune system
- Maintenance of normal bones and teeth

INGREDIENTS

(as stated on the label)

- Rapeseed oil
- Argan oil
- Menaquinone
- Cholecalciferol

TADRO Vitamin K2 & D3 Drops

were developed for people who want to consciously combine these two vitamins in a simple, balanced, and everyday-friendly way.

The liquid formulation allows flexible dosing and high bioavailability.



¹ Descriptions and areas of application are intended exclusively for B2B use and do not comply with B2C requirements under the Health Claims Regulation (Regulation (EC) No. 1924/2006).

WHO IS IT SUITABLE FOR?

- People who supplement Vitamin D and want to complement it with K2
- Individuals focused on bone health
- Adults and older adults
- People who prefer a balanced combined formula

AREAS OF APPLICATION¹:

- Targeted supplementation with Vitamin K2 + D3
- Vitamin K supports normal blood clotting
- Vitamin K and Vitamin D contribute to the maintenance of normal bones
- Vitamin D supports normal calcium levels and bone metabolism

NUTRIENT	AMOUNT	% NRV
Vitamin K2	50 µg	67%
Vitamin D3	50 µg (2.000 IE)	1.000%

NRV = Nutrient Reference Value

WHY TADRO VITAMIN K2 & D3

The combination of both vitamins provides meaningful synergy in calcium metabolism and simplifies daily intake without the need to combine multiple products.

QUALITY & TADRO STANDARD

- High-quality Vitamin D3 & Vitamin K2
- Clean oil base
- Free from unnecessary additives
- Developed for conscious, long-term use

IMPORTANT NOTICE

People taking anticoagulant medication should consult a healthcare professional before use.

COMPOSITION

PER DAILY DOSE

RECOMMENDED INTAKE

1-2 drops daily. Do not exceed the recommended daily dose.

WARNINGS:

Do not exceed the recommended daily intake. This product is not a substitute for a balanced and varied diet and a healthy lifestyle. Keep out of reach of small children. Not suitable for children under 11 years.

STORAGE:

Storage instructions: Store at room temperature in a dry place, protected from light.

For pharmacies, healthcare providers, and international partners

CATALOGUE

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MADE IN AUSTRIA

TADRO
GmbH